Your Preschooler's Day

6:30-9 — **Arrival and Breakfast**

Children participate in quiet activities and eat breakfast. As children finish breakfast, they can visit learning centers or participate in individual or small-group activities until most children have arrived or are finished eating.

9 — **Morning Group Time:**

Teacher brings the group together for morning routines like calendar, sharing, and discussion of the day's activities.

9:25 — **Learning Centers and Small-Group Activities**

Children choose activities in the following learning centers: blocks, creative arts, dramatic play, library, math and manipulatives, science and sensory, and writing. Teachers implement small-group activities, focusing on skill-building activities and observational assessment.

10 — **SNACK**

10:15 — **Group Time**

Children enjoy a large motor activity together such as parachute play.

10:45 — **Interactive Story Time**

11-11:30 — **Outdoor Play**

Children participate in structured outdoor activities designed to promote connections to the in-class curriculum.

11:30 Children wash hands, help set the tables, and prepare to eat lunch.

12 — **Lunch**

12:45 — **Group Time**

1 — **Rest Time and Quiet Work Time**

Most children nap or rest quietly. Teachers read aloud to the children as they settle down for naps. Non nappers can select from a variety of quiet choices, such as manipulatives, drawing and writing, art, books, sensory play, or the listening center.

2 — **Learning Centers and Small-Group Activities**

2:30 — **Afternoon Group Time**

Children come together for an afternoon featured activity and closing routine.